

Adverse Childhood Experiences

International Mental Health Conference
2023

Bangkok

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INSPIRE: Seven strategies for ending violence against children

- Implementation and enforcement of laws
- Norms and values
- Safe environments
- **Parent and caregiver support**
- Income and economic strengthening
- Response and support services
- Education and life skills



Outline of the presentation

- 2 case examples showing the long-term effects of adverse childhood experiences
- Family support program (PLH) as a prevention effort



- Female 25, single
- Bachelor's degree / employed with steady income
- Straight A student / winning awards

Case 1: K



Presenting problems:

- Depression
- Self-doubt
- Suicidal ideas and attempts
- On-going conflicts with parents



- Controlling and domineering mother with passive aloof father
- Emotional abuse throughout school years
- Unrealistic expectations

Childhood experiences

Treatment

- EMDR
- Family counseling



Case 2: S.

- Male 45 / master's degree
/ married / no children / stable
income / upper middle class


Childhood experiences:
severe beating and verbal
abuse by mother, sexual
abuse by father. Two siblings
also suffered similar
experiences.

Problem behavior:
excessive tooth brushing,
frequent use of sex worker's
service, obsession with
pornography and
masturbation, extra-marital
affairs

**Presenting problems
leading to seeking
treatment:**

flashbacks of
abuse incidents, sex
addiction, violent thoughts
& fantasies, depression and
guilt, suicidal idea

Treatment: 3 years of
EMDR – reduction and
elimination of harmful
behavior

A background image showing a red inflatable raft on a river with rapids. Two people wearing orange life jackets are visible in the raft. The sun is shining brightly in the upper right corner, creating a warm, golden glow. A dark semi-transparent rectangle is overlaid on the left side of the image, containing white and green text. The text reads: "Preventing it from happening in the first place - working upstream".

Preventing it from
happening in the
first place - **working
upstream**

Parent and caregiver support INSPIRE



Peace Culture Foundation





- A non-profit organization
- **Committee** consists of psychiatrist, psychologist, social worker, business executive, artist, and community leader
- **Main objectives** are to promote peace and prevent violence in society
- **Target groups:** children, youth, family, school, and community

www.peaceculturefoundation.org



- **Lead organization:** Department of Social Policy & Intervention, University of Oxford
- **Overall goal:** Provide access to free, evidence-based parenting support to every parent everywhere, so that they have the knowledge & tools to help their children realize their learning potential
- **Donors:** LEGO Foundation, World Childhood Foundation, UNICEF
- **Period:** 2022-2026 (funding in Thailand is for first 3 years)

Global Parenting Initiative



- Thailand
- Malaysia
- Philippines
- Tanzania
- Uganda
- South Africa

GPI: 6 Countries in Asia & Africa



- **Lead organization:** Peace Culture Foundation
- **Collaborators:** Boromarajonani Nursing College, Udon Thani; School of Public Policy, Chiang Mai University; Chula Unisearch, Chulalongkorn University
- **Ongoing partners:** Ministry of Public Health, UNICEF Thailand
- **Donors:** LEGO Foundation, World Childhood Foundation
- **Period:** Jan 2022 - Mar 2025

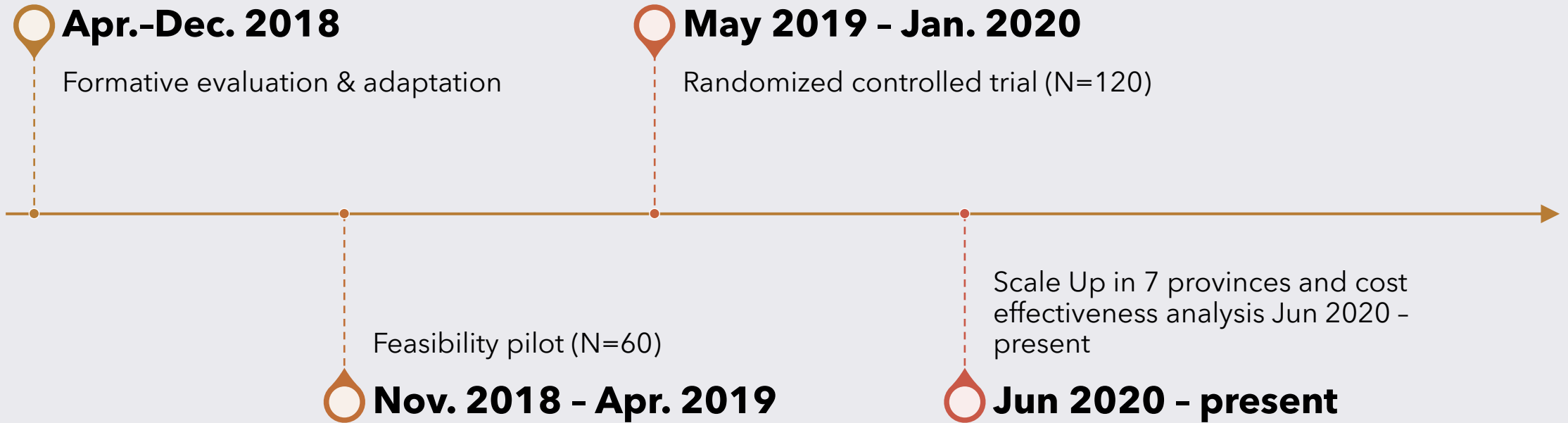
GPI in Thailand

To support scale up
& evaluation of PLH
in Northeast
Thailand



Project objective

PLH in Thailand



PLH in Thailand



Randomized Control Trial with 120 families

61% reduction in child abuse

40% reduction in harsh parenting

42% reduction in parent mental health problems

59% reduction in child behavior problems





Increase in

- Positive parenting
- Child monitoring
- Child maturity and compliance
- Parental efficacy

Additional positive effects at 3 & 6 months



- **Facilitator & coach training**
- 3 rounds of online PLH Facilitator Training (Sept, Oct., Dec. 2021): successfully completed for 104 trainees by 6 local trainers
- 3 mentoring sessions conducted with 7 local coaches
- **PLH training workshop delivery for parents**
- 69 newly trained facilitators delivered PLH-YC (Dec. 2021 – June 2023) to 154 families across 7 NE provinces
- **MOPH ChildShield development & piloting**

Current activities

Looking forward

A wide-angle photograph of a sunset or sunrise over a calm body of water. The sky is filled with large, dark, textured clouds that are illuminated from below by the sun, creating a vibrant orange and yellow glow. The sun itself is a bright, glowing orb on the right side of the horizon. The water in the foreground is dark and reflects the colors of the sky. In the distance, a low, dark silhouette of a coastline or city is visible along the horizon. The overall mood is serene and majestic.

Thank you!